

# Spa and Wellness Management

## Degree Type Certificate

These Certificate programs are designed for students wishing to specialize in one area of hospitality: Hotel/Restaurant Management, Spa and Wellness Management, or Event & Meeting Planning. All certificate credits may be applied toward fulfilling requirements for a degree in Hotel, Restaurant, and Event Management. Certificates may also serve as stand-alone credentials for professionals preparing for a career change or advancement opportunities.

## Spa and Wellness Management

The spa and wellness industry is growing rapidly as people seek to reduce stress by taking a more holistic approach to healthy living, eating, and vacationing. This certificate prepares students for career opportunities in a variety of spa and wellness retreats focusing on programs and experiences that enhance personal well-being. Job possibilities include hotels, resorts, cruise ships, day spas, salons, medical spas, yoga retreats, and fitness centers. Students will develop skills to supervise day-to-day operations, oversee massage and skin therapists, nutritionists, and other health and wellness specialists, while creating a stress-free environment where clients can relax and decompress. This certificate also complements the Massage Therapy Certificate. With just five additional courses, these students can earn a second credential to prepare them for a supervisory or management role in the spa and wellness industry.

Item #	Title	Theory Hours	Lab Hours	Credits
HOS110G	Introduction to Hospitality Management	3	0	3
HOS244G	Introduction to the Spa Industry	3	0	3
MASS150G	Physiology of Wellness	2	0	2
HOS210G	Customer Service	3	0	3
	HOS175G or HOS225G	3	0	3
BIOL150G	Nutrition	3	3	4
	HOS280G or HOS111G or Hospitality Elective	0	0	3
<b>Sub-Total Credits</b>		<b>17-20</b>	<b>3-12</b>	<b>21</b>

With Department Chair approval, one certificate course requirement may be replaced with HOS275G Professional Development.

<b>Total Credits</b>			<b>21</b>
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